

# WEEKLY MENU

w/c 23.09.24	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	Sweet & sour pork with pineapple & peppers	Butchers pork sausages with gravy	Chicken & pepper wraps with salsa	Roast pork loin with apple sauce & gravy	Breaded MSC haddock fillet with lemon wedges
<b>MEAT FREE</b>	Four cheese tortellini with a nut free basil pesto	Ratatouille with beans	Five bean chilli	Baked moussaka	Veggie sausages
<b>ON THE SIDE</b>	Steamed rice Sweetcorn & Chinese cabbage & stir-fry	Mashed potatoes Winter vegetables & carrots	Diced potatoes Sweetcorn & broccoli	Roast potatoes, steamed carrots & seasonal greens	Oven chips, British peas & baked beans
<b>CRUDITIES</b>	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities
<b>PASTA/JACKET BAR</b>	Pasta with sauces & sides	Jacket potatoes with baked beans	Pasta with sauces & sides	Jacket potatoes with baked beans	Pasta with sauces & sides
<b>DESSERT</b>	Apple oat crumble with vanilla custard	Orange drizzle slice	Pear & toffee muffins	Raspberry wholemeal scones	Honey oat flapjack
<b>EVERY DAY</b>	Natural yogurt with toppings Fresh fruit selection	Natural yogurt with toppings Fresh fruit selection	Natural yogurt with toppings Fresh fruit selection	Natural yogurt with toppings Fresh fruit selection	Natural yogurt with toppings Fresh fruit selection

# WEEKLY MENU

w/c 30.09.24	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	Creamy chicken curry	Pork tacos with guacamole & salsa	Chilli con carne with tortilla chips	Roast chicken with gravy	Butchers beef burgers with optional cheese
<b>MEAT FREE</b>	Chickpea & spinach curry	Spicy bean & avocado quesadillas	Cheese & red onion quiche	Lentil & mushroom bolognese	Sweet potato falafel
<b>ON THE SIDE</b>	Steamed rice, cucumber salad & green beans	Diced potatoes, sweetcorn, coleslaw & seasonal salad	Steamed rice Carrots & broccoli	Roast potatoes Green cabbage & carrots	Oven chips, British peas & baked beans
<b>CRUDITIES</b>	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities
<b>PASTA/JACKET BAR</b>	Pasta with sauces & sides	Jacket potatoes with baked beans	Pasta with sauces & sides	Jacket potatoes with baked beans	Pasta with sauces & sides
<b>DESSERT</b>	Dairy free raspberry brownie	Apple oat crumble bar	Wholemeal shortbread finger	Banana & choc chip muffin	School days sprinkle sponge
<b>EVERY DAY</b>	Natural yogurt with toppings Fresh fruit selection	Natural yogurt with toppings Fresh fruit selection	Natural yogurt with toppings Fresh fruit selection	Natural yogurt with toppings Fresh fruit selection	Natural yogurt with toppings Fresh fruit selection

# WEEKLY MENU

w/c 07.10.24	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	Italian style meatballs with optional garlic bread	Roast gammon loin with gravy	Lemon & garlic chicken	Minced beef lasagne with optional garlic bread	Butchers sausages
<b>MEAT FREE</b>	Veggie curry	Super vegetable lasagne	Baked gnocchi with spinach	Baked mushrooms	Quorn sausages
<b>ON THE SIDE</b>	Steamed rice, cauliflower & British peas	Roast potatoes carrots & green beans	Jacket wedges, roasted summer vegetables & a seasonal salad	Steamed carrots Seasonal salad & sweetcorn	Oven chips, British peas & baked beans
<b>CRUDITIES</b>	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities
<b>PASTA/JACKET BAR</b>	<b>Pasta with sauces &amp; sides</b>	Jacket potatoes with baked beans	<b>Pasta with sauces &amp; sides</b>	Jacket potatoes with baked beans	Pasta with sauces & sides
<b>DESSERT</b>	Honey oat cookies	Dairy free marble finger	Banana muffin	Pop corn cookies	Ice-cream & fruit jelly
<b>EVERY DAY</b>	Natural yogurt with toppings Fresh fruit selection	Natural yogurt with toppings Fresh fruit selection	Natural yogurt with toppings Fresh fruit selection	Natural yogurt with toppings Fresh fruit selection	Natural yogurt with toppings Fresh fruit selection