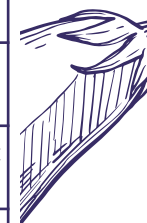
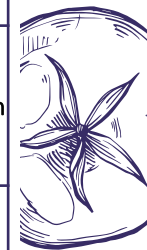


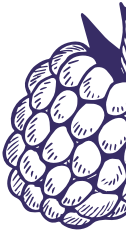
Lunch



w/c 11 November 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE ONE	Butter chicken with minted cucumber & naan bread	Butchers pork sausages with a red onion gravy	No meat Day Baked macaroni cheese with garlic bread	Sweet & sour pork with pineapple	Cajun chicken wraps with Mexican sides
MAIN COURSE TWO	Mushroom Balti with chickpeas	Quorn sausage casserole	Butternut squash & feta quiche	Sweet chilli quorn stir fry	Mixed bean burrito
SIDES	Steamed rice Bombay potatoes Spinach & cabbage & mushroom bahji	Mashed potatoes Broccoli & carrots	Rosemary mid potatoes Vegetable medley British peas	Egg fried rice Chinese cabbage Vegetable stir fry Fried corn	Sweet potato fries Shredded salad Fiesta corn & Mexican green beans
SNACK BAR	Bacon roll	BB beans on toast	Cheese & tomato panini	Vegetarian pinwheels	Baked sausage rolls
PASTA/JACKET	50/50 pasta with simple toppings & sauces (V)	Baked sweet & jacket potatoes with toppings (V) 50/50 pasta with simple toppings & sauces (V)	50/50 pasta with simple toppings & sauces (V)	Baked sweet & jacket potatoes with toppings (V) 50/50 pasta with simple toppings & sauces (V)	50/50 pasta with simple toppings & sauces (V)
DESSERT	Dairy free chocolate brownie	Golden oat cookies	Pineapple upside down cake & custard	Jammie dodgers	Strawberry fairy cake
EVERYDAY	Various fruit, natural yogurt with toppings	Various fruit, natural yogurt with toppings	Various fruit, natural yogurt with toppings	Various fruit, natural yogurt with toppings	Various fruit, natural yogurt with toppings
HYDRATION	Still Water	Still Water	Still Water	Still Water	Still Water





Lunch



w/c 18 November 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE ONE	Chicken Makhani with naan bread	Baked cottage pie	Roast chicken with stuffing & gravy	Hoi sin pork with peppers	Breaded fish goujon wraps with lemon mayonnaise
MAIN COURSE TWO	Paneer one pot curry	Quorn sausages with red onion gravy	Cheddar & onion pasty	Breaded quorn bites with sweet chilli vegetables	Greek stuffed pepper
SIDES	Pilau rice Cauliflower & green beans Mushroom bahji Mint yogurt & tomato & onion salad	Mini roasties Steamed carrots, roasted squash with courgettes & cabbage	Roast potatoes Carrots & parsnips Savoy cabbage Cauli & broccoli cheese	Steamed rice Vegetable stir fry Broccoli & mushrooms Salt & pepper cauliflower	Chips Garden peas Shredded salad Sweetcorn & peppers
SNACK BAR	Filled pitta bread	Pepperoni panini	Flatbread pizza	Chicken Caesar salad with wraps	Stuffed jacket potatoes
PASTA/JACKET	50/50 pasta with simple toppings & sauces (V)	Baked sweet & jacket potatoes with toppings (V) 50/50 pasta with simple toppings & sauces (V)	50/50 pasta with simple toppings & sauces (V)	Baked sweet & jacket potatoes with toppings (V) 50/50 pasta with simple toppings & sauces (V)	50/50 pasta with simple toppings & sauces (V)
DESSERT	Lemon sponge with lemon sauce	Honey flapjack finger	Autumn tray bake	Dipped wholemeal shortbread	Blueberry muffin
EVERYDAY	Various fruit, natural yogurt with toppings	Various fruit, natural yogurt with toppings	Various fruit, natural yogurt with toppings	Various fruit, natural yogurt with toppings	Various fruit, natural yogurt with toppings
HYDRATION	Still Water	Still Water	Still Water	Still Water	Still Water

