

LUNCH

w/c 01.09.25	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSIC				Nut free chicken katsu curry	MSC battered fish fillet with lemon wedges & tartare sauce
NOURISH				Mushroom stroganoff	Tomato & feta fritters with a sweet chilli dipping sauce
ON THE SIDE				Steamed rice Green beans & broccoli	Skinny fries Mushy & British garden peas & baked tomatoes
STREET EATS				Spinach & feta pinwheel	Chicken Caesar pitta bread
JACKET/PASTA BAR				Baked potatoes & penne pasta with simple toppings & sauces	Penne pasta with simple toppings & sauces
DESSERT				Sticky toffee date cake	Fruit rice crispy cake
EVERY DAY	SELECTION OF YOGURT & FRESHLY CUT & WHOLE FRUITS				
HYDRATION				Still water	Still water

LUNCH

w/c 08.09.25

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSIC	Teriyaki pork loin with Pak choy	Cajun turkey taco bowls	Traditional beef stew & herb dumplings	Roast chicken with sage & onion stuffing & gravy	Butcher sausage with crispy onions
NOURISH	Tortellini formaggio with rocket & a nut free pesto	Vegetable noodle pancake with sweet chilli sauce	Spinach & ricotta lasagne	Potato & cheesy leek puff pie	Baked falafel with pickled red cabbage & whipped feta
ON THE SIDE	Egg noodles Broccoli & sauté cabbage	Spicy rice Refried beans, sweetcorn & garlic green beans	Mashed potatoes Steamed carrots & seasonal cabbage	Roast potatoes Carrots, broccoli & roasted parsnips	Skinny fries Baked beans, roasted tomatoes & British garden peas
STREET EATS	Wholegrain pizza bagel	Cheddar & tomato toasty	Macaroni cheese	Mexican nacho bowls	Chicken Caesar wraps
JACKET/PASTA BAR	Penne pasta with simple toppings & sauces	Baked potatoes & penne pasta with simple toppings & sauces	Penne pasta with simple toppings & sauces	Baked potatoes & penne pasta with simple toppings & sauces	Penne pasta with simple toppings & sauces
DESSERT	Oat apple crumble & custard	Ginger parkin	Pineapple upside down	Drizzled shortbreads	Boost it carrot cupcake
EVERY DAY	SELECTION OF YOGURT & FRESHLY CUT & WHOLE FRUITS				
HYDRATION	Still water	Still water	Still water	Still water	Still water

LUNCH

w/c 15.09.25

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSIC	Chicken & pepper Balti with optional naan bread	BBQ pulled pork	Ginger & garlic chicken stir fry	Roast pork loin with apple sauce, Yorkshire pudding & gravy	Butchers beef burger with an optional bap & tomato salsa
NOURISH	Slow cooked bean chilli	Sweet potato bean burgers with a tomato relish	Hoi sin aubergine bao buns	Goats cheese, pepper & thyme tart with an onion marmalade	Cauliflower hash browns with sautéed cabbage & a poached egg
ON THE SIDE	Pilau rice Mushroom bahji, sautéed spinach & cabbage & Bombay aloo	Paprika wedges Rainbow slaw & sweetcorn	Steamed rice Chinese vegetables, garlic broccoli & carrot ribbons	Roast potatoes Steamed carrots & green beans Roasted swede & parsnips	Skinny fries Sliced tomatoes, cheese, mixed salad & sweetcorn
STREET EATS	Back bacon baguette	Mexican bean quesadillas	Oven baked sausage roll	Pizza pinwheels	Flatbread topped with mozzarella, tomato & a nut free pesto
JACKET/PASTA BAR	Penne pasta with simple toppings & sauces	Baked potatoes & penne pasta with simple toppings & sauces	Penne pasta with simple toppings & sauces	Baked potatoes & penne pasta with simple toppings & sauces	Penne pasta with simple toppings & sauces
DESSERT	Dairy free chocolate brownie	Apple & cinnamon whirls	Jam sponge & custard	Dodger selection	Traditional school sprinkle sponge
EVERY DAY	SELECTION OF YOGURT & FRESHLY CUT & WHOLE FRUITS				
HYDRATION	Still water	Still water	Still water	Still water	Still water