

LUNCH

we 13 October 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSIC	Bolognaise pasta bake with optional garlic bread	Hoi sin shredded chicken with cucumber & spring onions	Butcher's sausages with a red onion gravy	<u>Black History Month</u> Southern fried chicken With slaw	MSC battered fish fillet with lemon wedges & tartare sauce
NOURISH	Griddled halloumi with roasted vegetables & cannellini beans	Chickpea & paneer curry	Lentil cottage pie	Baked enchiladas	Tomato & feta fritters with a sweet chilli dipping sauce
ON THE SIDE	Rosemary roast potatoes Cauliflower florets & British garden peas	Special fried rice Garlic broccoli & vegetable stir fry	Mashed potatoes Carrots, cabbage & roasted sweet potato	Sweet potato fries Fried green tomatoes, sweetcorn, broccoli & Caesar salad	Skinny fries Mushy & British garden peas & baked tomatoes
STREET EATS	Gammon ham & cheese turnover	Wholegrain pitta pizza	Mexican bean burrito with salsa	Tortilla triangles	Chicken Caesar pitta bread
JACKET/PASTA BAR	Penne pasta with simple toppings & sauces	Baked potatoes & penne pasta with simple toppings & sauces	Penne pasta with simple toppings & sauces	Baked potatoes & penne pasta with simple toppings & sauces	Penne pasta with simple toppings & sauces
DESSERT	Golden honey flapjack	Oat cookies	Chocolate sponge & chocolate sauce	Cinnamon buns & lime cake	Fruit rice crispy cake
EVERY DAY	SELECTION OF YOGURT & FRESHLY CUT & WHOLE FRUITS				
HYDRATION	Still water	Still water	Still water	Still water	Still water