## LUNCH

w/c 23.06.25	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
CLASSIC	Picnic in the park for students Lasagne & optional garlic bread	Packed lunch at the Zoo for students Green Thai chicken curry	St Marys BBQ Burgers, butchers sausages & griddled chicken	Minced beef chilli wraps	Pizza wedges		
NOURISH	Cheddar & chive omelette	Red onion & feta quiche	Vegetable & Quorn kebabs	Mixed bean & sweetcorn quesadillas	Pizza wedges		
ON THE SIDE	Diced potatoes, green beans	Steamed rice, Naan bread & roasted cauliflower	Garlic butter mid potatoes, mixed salad & corn	Diced potatoes, roasted seasonal vegetables, guacamole & salsa	Skinny fries, coleslaw & British peas		
STREET EATS	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar		
JACKET/PASTA BAR			Penne pasta with simple toppings & sauces	Penne pasta with simple toppings & sauces	Penne pasta with simple toppings & sauces		
DESSERT	Dessert selection	Dessert selection	lce-cream pots	Golden oat flapjack	Student afternoon tea		
EVERY DAY	SELECTION OF YOGURT, FRESHLY CUT & WHOLE FRUITS						
HYDRATION	Still water	Still water	Still water	Still water	Still water		

## LUNCH

w/c 30.06.25							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
CLASSIC	Chicken tikka masala with optional naan bread	Minced beef taco's with Mexican sides	Sweet & sour pork with pineapple	Roast chicken with stuffing & gravy	Butchers sausages with onions		
NOURISH	Tortellini with a nut free basil pesto & spinach	Red pepper pockets	Vegetarian paella with chick peas	Puy lentil chilli	Halloumi, mushroom & guac burger		
ON THE SIDE	Steamed rice, cauliflower, green beans, cucumber & mango chutney	Green beans, carrots & British peas	Egg noodles, garlic broccoli, vegetable stir fry & sweetcorn	Roast potatoes, steamed carrots, cabbage & cauliflower	Skinny fries, baked beans, baked tomatoes & British peas		
STREET EATS	Back bacon roll	Pizza muffin	Mozzarella, basil & tomato calzone	BBQ beans on toast	Rolled wraps		
JACKET/PASTA BAR	Penne pasta with simple toppings & sauces	Baked potatoes & penne pasta with simple toppings & sauces	Penne pasta with simple toppings & sauces	Baked potatoes & penne pasta with simple toppings & sauces	Penne pasta with simple toppings & sauces		
DESSERT	Honey oat finger	Biscuit selection	Victoria sandwich	Lemon meringue	Chocolate chip & banana muffin		
EVERY DAY	SELECTION OF YOGURT, FRESHLY CUT & WHOLE FRUITS						
HYDRATION	Still water	Still water	Still water	Still water	Still water		

HOLROYD HOWE

## LUNCH

w/c 07.07.25	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
CLASSIC	Tandoori chicken with mint yogurt	Roast gammon with griddled pineapple	Diced beef chilli with sour cream	Butchers sausages & red onion gravy	Garlic butter chicken	
NOURISH	Gnocchi with spinach & basil nut free pesto	5 a day Tex Mex tray bake	Vegetable lasagne	Quorn fillet with red onion gravy	Cheese & red onion chutney quiche	
ON THE SIDE	Pilau rice, Bombay potatoes, mushroom bahji & green beans	Potato wedges, roasted vegetables & British peas	Steamed rice, broccoli & green beans	Mashed potatoes, carrots, cauliflower & baked beans	Skinny fries, British peas, baked tomatoes & sweetcorn	
STREET EATS	Pitta pizza	Cheese& salami panini	Cheese & tomato bagel	Chicken Caesar wraps	Mozzarella & sundried tomato open sandwich with rocket	
JACKET/PASTA BAR	Penne pasta with simple toppings & sauces	Baked potatoes & penne pasta with simple toppings & sauces	Penne pasta with simple toppings & sauces	Baked potatoes & penne pasta with simple toppings & sauces	Penne pasta with simple toppings & sauces	
DESSERT	Iced carrot cake	Chocolate tray bake	Cranberry & oat cookies	Drizzled shortbread finger	Raspberry cup cakes	
EVERY DAY	SELECTION OF YOGURT, FRESHLY CUT & WHOLE FRUITS					
HYDRATION	Still water	Still water	Still water	Still water	Still water	

HOLROYD HOWE