

LUNCH

w/c 24.11.25

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSIC	Cheesy beef or pork bolognese with optional garlic bread	Pulled chicken tacos with Mexican sides	Diced beef chilli con carne with salsa	Thanksgiving Roast maple gammon	MSC battered fish fillet or steamed fillet with spinach & tomato salsa with lemon wedges & tartare sauce
NOURISH	Stuffed peppers in a creamy tomato sauce	Paneer & cauliflower curry with a spinach dhal	Cheese & onion pasty with a warm onion chutney	Smokey beans	Falafel pittas with baby gem lettuce & a ranch dressing
ON THE SIDE	Diced potatoes Steamed cabbage & broccoli	Cajun wedges Mexican corn & seasonal vegetables	Steamed rice Sweetcorn & roasted vegetables	Mashed British & sweet potatoes Honey carrots & sweetcorn	Skinny fries British garden peas & a vegetable medley
STREET EATS	Pizza muffins	Cheddar cheese on toasted bloomer	Hot dogs with caramelised onions	Loaded potato wedges	Cheesy garlic flatbread
JACKET/PASTA BAR	Penne pasta with simple toppings & sauces	Baked potatoes & penne pasta with simple toppings & sauces	Penne pasta with simple toppings & sauces	Baked potatoes & penne pasta with simple toppings & sauces	Penne pasta with simple toppings & sauces
DESSERT	Pineapple upside down	Golden oat cookies	Cereal nest	Pumpkin or apple crumble pies with vanilla sauce	Traditional school tray bake
EVERY DAY	SELECTION OF YOGURT & FRESHLY CUT & WHOLE FRUITS				
HYDRATION	Still water	Still water	Still water	Still water	Still water

LUNCH

w/c 01.12.25

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSIC	Sweet & sour pork with pineapple & prawn crackers	Roast chicken dinner with stuffing & gravy	Shepherds pie	Garlic breaded chicken with nacho cheese sauce	Butcher's sausages & crispy onions
NOURISH	Tofu katsu curry	Bubble & squeak with a poached egg & grain mustard sauce	Harissa vegetable stew with cannellini beans	Lentil & aubergine moussaka with baby spinach & pink onions	Individual cheddar & vegetable omelette
ON THE SIDE	Steamed 50/50 rice Mushroom & broccoli stir fry & Chinese cabbage	Roast potatoes Carrots & greens	British peas, carrots & broccoli	Brava's potatoes Carrots & peas Sauté cabbage	Skinny fries Baked beans, British peas & bakes tomatoes
STREET EATS	Wholegrain pizza bagel	Cheddar & ham toasty	Macaroni cheese	Cheese & bacon turnover	Chicken goujon wraps
JACKET/PASTA BAR	Penne pasta with simple toppings & sauces	Baked potatoes & penne pasta with simple toppings & sauces	Penne pasta with simple toppings & sauces	Baked potatoes & penne pasta with simple toppings & sauces	Penne pasta with simple toppings & sauces
DESSERT	Golden oat flapjack	Victoria sandwich	Pear & toffee crumble & custard	Shortbread rounds	Carrot muffin
EVERY DAY	SELECTION OF YOGURT & FRESHLY CUT & WHOLE FRUITS				
HYDRATION	Still water	Still water	Still water	Still water	Still water

LUNCH

w/c 08.12.25

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSIC	Chicken & pepper Balti with optional naan bread, onion salad, raita & poppadum	Butcher's sausages with red onion gravy	Christmas celebration Traditional roast dinner with optional pigs in blankets, stuffing & Yorkshire puddings	Slow braised beef & vegetable stew with cheddar scones	Chicken fajitas with Mexican sides
NOURISH	Chinese mushroom bao buns with grilled spring onions	Puy lentil cottage pie	Honey parsnip & chickpea filo parcel	Griddled vegetables with halloumi & a chickpea couscous	Sweet potato & black bean burritos
ON THE SIDE	Steamed rice Spinach dhal, cucumber & mint salad & mango chutney	Mashed potatoes Glazed carrots & cauliflower cheese	Roast potatoes & parsnips Steamed cabbage, carrots & broccoli Cauliflower cheese	Herby roasted roots (Parsnip, carrots & celeriac) Green beans	Potato wedges Matcho peas. Spiced aubergine & pickled red cabbage
STREET EATS	Meatball sub with a bbq sauce	Tortilla triangles		Back bacon baguette	Stuffed pitta breads
JACKET/PASTA BAR	Penne pasta with simple toppings & sauces	Baked potatoes & penne pasta with simple toppings & sauces	Penne pasta with simple toppings & sauces	Baked potatoes & penne pasta with simple toppings & sauces	Penne pasta with simple toppings & sauces
DESSERT	Dairy free chocolate brownie	Apple & cinnamon crumble with vanilla custard	Christmas treats	Spiced apple whirls	Vanilla cup cake
EVERY DAY	SELECTION OF YOGURT & FRESHLY CUT & WHOLE FRUITS				
HYDRATION	Still water	Still water	Still water	Still water	Still water