

LUNCH

w/c 03.11.25

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSIC	Cheesy beef bolognaise with optional garlic bread	Pulled chicken tacos with Mexican sides	Firework Night Diced beef chilli con carne Squash & chilli soup	Roast pork with apple sauce & gravy	MSC battered fish fillet or steamed fillet with spinach & tomato salsa with lemon wedges & tartare sauce
NOURISH	Stuffed peppers in a creamy tomato sauce	Paneer & cauliflower curry	Cheese & onion pasty with a warm onion chutney	Smokey Spanish beans	Falafel pittas with baby gem lettuce & a ranch dressing
ON THE SIDE	Diced potatoes Steamed cabbage & broccoli	Cajun wedges Mexican corn & seasonal vegetables	Steamed rice or Jacket potato Mini sweetcorn cobs & roasted vegetables	Roast potatoes & parsnips Steamed cabbage & carrots	Skinny fries British garden peas & a vegetable medley
STREET EATS	Pizza muffins	Cheddar cheese on toasted bloomer	Hot dogs with caramelised onions	Mexican nacho bowls	Cheesy garlic flatbread
JACKET/PASTA BAR	Penne pasta with simple toppings & sauces	Baked potatoes & penne pasta with simple toppings & sauces	Penne pasta with simple toppings & sauces	Baked potatoes & penne pasta with simple toppings & sauces	Penne pasta with simple toppings & sauces
DESSERT	Pineapple upside down	Golden oat cookies	Toffee apple crumble muffins	Chocolate fudge cake	Cereal nests
EVERY DAY	SELECTION OF YOGURT & FRESHLY CUT & WHOLE FRUITS				
HYDRATION	Still water	Still water	Still water	Still water	Still water

FEEDING INDEPENDENT MINDS

LUNCH

w/c 10.11.25

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSIC	Sweet & sour pork with pineapple & prawn crackers	Remembrance Day Roast chicken dinner with stuffing & gravy	Shepherds pie	Garlic breaded chicken with nacho cheese sauce	Butcher's sausages & crispy onions
NOURISH	Tofu katsu curry	Bubble & squeak with a poached egg & grain mustard sauce	Harissa vegetable stew with cannellini beans	Lentil & aubergine moussaka with baby spinach & pink onions	Individual cheddar & vegetable omelette
ON THE SIDE	Steamed 50/50 rice Mushroom & broccoli stir fry & Chinese cabbage	Roast potatoes Carrots & greens	British peas, carrots & broccoli	Brava's potatoes Carrots & peas Sauté cabbage	Skinny fries Baked beans, British peas & bakes tomatoes
STREET EATS	Wholegrain pizza bagel	Cheddar & ham toasty	Macaroni cheese	Cheese & bacon turnover	Chicken goujon wraps
JACKET/PASTA BAR	Penne pasta with simple toppings & sauces	Baked potatoes & penne pasta with simple toppings & sauces	Penne pasta with simple toppings & sauces	Baked potatoes & penne pasta with simple toppings & sauces	Penne pasta with simple toppings & sauces
DESSERT	Golden oat flapjack	Victoria sandwich, trifle pots & poppy shortbreads	Pear & toffee crumble & custard	Shortbread rounds	Carrot muffin
EVERY DAY	SELECTION OF YOGURT & FRESHLY CUT & WHOLE FRUITS				
HYDRATION	Still water	Still water	Still water	Still water	Still water

FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS

LUNCH

National Curry Week

w/c 17.11.25

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSIC	Chicken & pepper Balti with optional naan bread, onion salad, raita & poppadum	Butcher's sausages with red onion gravy	Slow braised beef & vegetable stew with cheddar scones	Roast gammon with a caramelized apple gravy	Chicken fajitas with Mexican sides
NOURISH	Chinese mushroom bao buns with grilled spring onions	Puy lentil cottage pie	Garlic & herb stuffed mushroom	Griddled vegetables & halloumi with cous cous	Sweet potato & black bean burritos
ON THE SIDE	Steamed rice Spinach dhal, cucumber & mint salad & mango chutney	Mashed potatoes Glazed carrots & cauliflower cheese	Herby roasted roots (Parsnip, carrots & celeriac) Green beans	Roast potatoes Steamed carrots & broccoli, sweet potatoes	Potato wedges Matcho peas. Spiced aubergine & pickled red cabbage
STREET EATS	Meatball sub with a bbq sauce	Tortilla triangles	Back bacon baguette	Pizza pinwheels	Stuffed pitta breads
JACKET/PASTA BAR	Penne pasta with simple toppings & sauces	Baked potatoes & penne pasta with simple toppings & sauces	Penne pasta with simple toppings & sauces	Baked potatoes & penne pasta with simple toppings & sauces	Penne pasta with simple toppings & sauces
DESSERT	Dairy free chocolate brownie	Apple & cinnamon crumble with vanilla custard	Fresh fruit & yogurt bar with a selection of toppings	Spiced apple whirls	Vanilla cup cake
EVERY DAY	SELECTION OF YOGURT & FRESHLY CUT & WHOLE FRUITS				
HYDRATION	Still water	Still water	Still water	Still water	Still water