

# LUNCH

23.02.26

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	Minced beef ragu with garlic bread	Breadless katsu chicken curry	Sweet & sour pork with pineapple & peppers Served with prawn crackers	Roast chicken with sage & onion stuffing & a fresh gravy	Butcher's sausages with crispy onions
<b>MAIN MEAL</b>	Basil & kale gnocchi with slow roasted tomatoes & fried rocket	Veggie bean fritters with a lemon & cucumber dip	Chickpea & sweet potato samosas with mango chutney	Homemade vegetarian sausage roll with a mustard mayo	Mexican mixed bean burritos with a tomato salsa
<b>ON THE SIDE</b>	Linguine pasta Seasonal greens Courgettes & roasted onions Rainbow slaw	Steamed rice British peas Spiced red cabbage Honey roasted root vegetables	Vegetable egg noodles Garlic green beans Chinese style broccoli & mushrooms & mixed vegetables	Roast skin on potatoes Seasonal cabbage Carrots & parsnips	Skinny fries Baked beans British peas & baked tomatoes
<b>DAILY SNACK OPTION</b>	Back bacon baguette	Feta & sundried tomato & roquette focaccia	Chicken Caesar wrap	Pizza muffin	Mature cheddar & chive topped crumpets
<b>PASTA &amp; JACKET BAR</b>	50/50 pasta with simple toppings & sauces	50/50 pasta with simple toppings & sauces Baked potatoes with toppings	50/50 pasta with simple toppings & sauces	50/50 pasta with simple toppings & sauces Baked potatoes with toppings	50/50 pasta with simple toppings & sauces
<b>DESSERT</b>	Oat apple crumble with vanilla custard	Traditional school tray bake	Strawberry oat muffins	Shortbread fingers	Marble cake finger
<b>EVERYDAY</b>	Various fruit, Greek yogurt with toppings	Various fruit, Greek yogurt with toppings	Various fruit, Greek yogurt with toppings	Various fruit, Greek yogurt with toppings	Various fruit, Greek yogurt with toppings

# LUNCH

02.03.26

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	Hoi sin shredded chicken with mini tortilla, cucumber & spring onion	Diced beef chilli con carne with nachos	Roast pork loin with caramelised apple sauce & a fresh gravy	Garlic & herb breaded chicken fillet	Hickory smoked pulled pork with optional bap & a BBQ sauce
<b>MAIN MEAL</b>	Tortellini with roquette & a nut free pesto	Teriyaki mushrooms with rice noodles & tender stem broccoli	Aubergine & cannellini bean moussaka	Harissa, basil & feta frittata	Crispy Cajun cauliflower tacos with a vegan herb mayo
<b>ON THE SIDE</b>	Vegetable rice 5 spiced carrots & green beans Broccoli & mushrooms Asian slaw	Cajun mid potatoes or rice Mexican sides Spiced cauliflower & diced carrots	Roast skin on potatoes Broccoli & cauliflower Carrot & swede mash	Rosemary potato wedges Green beans Diced carrot & peas Cheese vegetable medley	Skinny fries Rainbow slaw Mexican sweetcorn Roasted Mediterranean vegetables
<b>DAILY SNACK OPTION</b>	Ham & cheese croissant	Pizza bagels	British pie week Cornish or leek & potato pasty	Cowboy beans on toast	Pizza baguettes
<b>PASTA &amp; JACKET BAR</b>	50/50 pasta with simple toppings & sauces	50/50 pasta with simple toppings & sauces Baked potatoes with toppings	50/50 pasta with simple toppings & sauces	50/50 pasta with simple toppings & sauces Baked potatoes with toppings	50/50 pasta with simple toppings & sauces
<b>DESSERT</b>	Dairy free chocolate brownie	Iced carrot cake	Blueberry & lemon bar	British pie week Toffee apple crumble pie & vanilla custard	Vanilla muffins
<b>EVERYDAY</b>	Various fruit, Greek yogurt with toppings	Various fruit, Greek yogurt with toppings	Various fruit, Greek yogurt with toppings	Various fruit, Greek yogurt with toppings	Various fruit, Greek yogurt with toppings

# LUNCH

09.03.26

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	Chicken tikka masala with mango chutney & optional naan	Chinese pork loin with Pak choy	Hunter chicken	Butchers sausages with Yorkshire pudding & a fresh gravy	Breaded fish goujons with tartar sauce & lemon wedges
<b>MAIN MEAL</b>	Sweet potato & coconut stew	Chinese mushroom Bao buns	Roasted carrots & grain with a herb dressing	Spiced vegan shepherds pie	Bean quesadillas with roasted tomato & lime salsa
<b>ON THE SIDE</b>	Steamed rice Lentil & spinach dhal Spiced cabbage Green beans	Chinese style egg noodles Garlic broccoli Asian roasted carrots	Diced potatoes Garlic roasted mixed vegetables Sweetcorn & green beans	Mashed potatoes Steamed carrots & cabbage Cauliflower florets	Skinny fries British peas & pickled cabbage Steamed vegetables & chip shop onions
<b>DAILY SNACK OPTION</b>	Pizza pinwheels	Vegetable spring rolls with a sweet chilli dipping sauce	Pork & apple sausage roll	Mozzarella & tomato flatbreads with a basil pesto	Meatball sub sandwich
<b>PASTA &amp; JACKET BAR</b>	50/50 pasta with simple toppings & sauces	50/50 pasta with simple toppings & sauces Baked potatoes with toppings	50/50 pasta with simple toppings & sauces	50/50 pasta with simple toppings & sauces Baked potatoes with toppings	50/50 pasta with simple toppings & sauces
<b>DESSERT</b>	Golden oat honey flapjack	Chocolate sponge with chocolate sauce	Baked jam & cream scones	Lemon cup cakes	Strawberry & oat muffins
<b>EVERYDAY</b>	Various fruit, Greek yogurt with toppings	Various fruit, Greek yogurt with toppings	Various fruit, Greek yogurt with toppings	Various fruit, Greek yogurt with toppings	Various fruit, Greek yogurt with toppings