


LUNCH

Wc 11.05.26

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 SOUP	All our soups are Waste Knot Soups– A hearty, planet friendly blend crafted from perfectly good surplus vegetables and ingredients that would otherwise go to waste, so every spoonful is packed with flavour and purpose.				
MAIN MEALS TO NOURISH, NURTURE AND SUSTAIN	Cheesy beef bolognese bake with optional garlic bread	Chinese hoi sin pork loin with Pak choy prawn crackers	Diced beef chilli con carne with tortilla chips	Roast chicken with sage & onion stuffing & a fresh gravy	Butchers pork sausages with crispy onions
	Leek & red onion chutney tortilla quiche	Vegetable pancake roll with a sweet chilli dipping sauce	Mixed vegetable & lentil katsu curry	Hoi sin mushroom Bao bun with cucumber & spring onion	Herby sweet potato calzone
SIDES	Diced potatoes Spinach & rocket salad British peas & green beans	Chinese spiced egg noodles Garlic broccoli Ribbon carrots & courgettes	Steamed 50/50 rice Fresh tomato salsa Sweetcorn, Roasted Spanish style vegetables & sweet potato fries	Skin on roast potatoes Steamed carrots, Spring greens & roasted parsnips	Skin on fries Baked beans, cabbage & baked tomatoes
SNACK OPTION	Back bacon baguette	Wholegrain pizza bagel	Cheesy macaroni	Grilled cheese sandwich	Loaded nachos
DESSERT	Golden oat flapjack	Traditional school tray bake	Summer fruit meringue	Lemon drizzle cake	Salted caramel cup cakes
EVERY DAY	We offer daily a selection of yogurt, fresh fruit, jelly pots, pasta and jacket bars				


FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS

LUNCH

Wc 18.05.26

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 SOUP	All our soups are Waste Knot Soups– A hearty, planet friendly blend crafted from perfectly good surplus vegetables and ingredients that would otherwise go to waste, so every spoonful is packed with flavour and purpose.				
MAIN MEALS TO NOURISH, NURTURE AND SUSTAIN	Hunters chicken with optional crispy bacon bits	Home baked giant sausage meat roll with a fresh gravy or tomato sauce	Mexican chicken fajitas with an optional wrap, salsa, sour cream & guacamole	Roast loin of pork with apple sauce, Yorkshire pudding & a fresh gravy	Butchers beef burger in an optional bun with sliced tomato, iceberg lettuce & gherkins
	Cherry tomato & goats cheese tart	Aubergine parmigiana with a roquette salad	Crispy tofu tacos with pea mole & pickled red onion	Stuffed roast peppers	Baked quesadilla with salsa & smashed avocado
SIDES	Rosemary mid potatoes Honeyed butternut squash & steamed carrots	Diced smoked paprika potatoes Spring cabbage, roasted vegetables & British peas	Cajun wedges Sweetcorn, green beans & roasted peppers & onions	Skin on roast potatoes Carrots, savoy cabbage, roast parsnips & celeriac	Skin on fries Baked beans, mixed vegetables & British peas
SNACK OPTION	Cream or cheddar cheese & ham croissant	Chicken cobb salad or filled wraps	Grilled bacon Muffin	Cheddar & chutney crumpets	Spaghetti hoops on toast
DESSERT	Sticky toffee pudding	Victoria sandwich	Home baked biscuit selection	Jam & cream scones	Lemon curd muffins
EVERY DAY	We offer daily a selection of yogurt, fresh fruit, cold desserts, jelly pots, pasta and jacket bars				

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