

LUNCH

16.03.26

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Minced beef ragu with garlic bread	St Patricks Day Lamb stew & baked soda bread	Sweet & sour pork with pineapple & peppers Served with prawn crackers	Roast chicken with sage & onion stuffing & a fresh gravy	Butchers sausages with crispy onions
MAIN MEAL	Basil & kale gnocchi with slow roasted tomatoes & fried rocket	Colcannon pie & Irish potato cakes with wilted greens	Chickpea & sweet potato samosa's with mango chutney	Homemade vegetarian sausage roll with a mustard mayo	Mexican mixed bean burrito's with a tomato salsa
ON THE SIDE	Linguine pasta Seasonal greens Courgettes & roasted onions Rainbow slaw	British peas Cabbage Honey roasted root vegetables	Vegetable egg noodles Garlic green beans Chinese style broccoli & mushrooms & mixed vegetables	Roast skin on potatoes Seasonal cabbage Carrots & parsnips	Skinny fries Baked beans British peas & baked tomatoes
DAILY SNACK OPTION	Back bacon baguette	Macaroni cheese with chives	Chicken Caesar wrap	Pizza muffin	Mature cheddar & chive topped crumpets
PASTA & JACKET BAR	50/50 pasta with simple toppings & sauces	50/50 pasta with simple toppings & sauces Baked potatoes with toppings	50/50 pasta with simple toppings & sauces	50/50 pasta with simple toppings & sauces Baked potatoes with toppings	50/50 pasta with simple toppings & sauces
DESSERT	Oat apple crumble with vanilla custard	Green velvet cupcakes, mint chocolate tray bake & shamrock shortbreads	Strawberry oat muffins	Shortbread fingers	Marble cake finger
EVERYDAY	Various fruit, Greek yogurt with toppings	Various fruit, Greek yogurt with toppings	Various fruit, Greek yogurt with toppings	Various fruit, Greek yogurt with toppings	Various fruit, Greek yogurt with toppings

LUNCH

23.03.26

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Hoi sin shredded chicken with mini tortilla, cucumber & spring onion	Diced beef chilli con carne with nachos	Roast pork loin with caramelised apple sauce & a fresh gravy	Garlic & herb breaded chicken fillet	Hickory smoked pulled pork with optional bap & a BBQ sauce
MAIN MEAL	Tortellini with roquette & a nut free pesto	Teriyaki mushrooms with rice noodles & tender stem broccoli	Aubergine & cannellini bean moussaka	Harissa, basil & feta frittata	Crispy Cajun cauliflower taco's with a vegan herb mayo
ON THE SIDE	Vegetable rice 5 spiced carrots & green beans Broccoli & mushrooms Asian slaw	Cajun mid potatoes or rice Mexican sides Spiced cauliflower & diced carrots	Roast skin on potatoes Broccoli & cauliflower Carrot & swede mash	Rosemary potato wedges Green beans Diced carrot & peas Cheese vegetable medley	Skinny fries Rainbow slaw Mexican sweetcorn Roasted Mediterranean vegetables
DAILY SNACK OPTION	Ham & cheese croissant	Pizza bagels	Chicken Caesar salad or wraps	BBQ Meatball sub sandwich	Various filled wraps
PASTA & JACKET BAR	50/50 pasta with simple toppings & sauces	50/50 pasta with simple toppings & sauces Baked potatoes with toppings	50/50 pasta with simple toppings & sauces	50/50 pasta with simple toppings & sauces Baked potatoes with toppings	50/50 pasta with simple toppings & sauces
DESSERT	Dairy free chocolate brownie	Iced carrot cake	Blueberry & lemon bar	Toffee apple crumble pie & vanilla custard	Vanilla muffins
EVERYDAY	Various fruit, Greek yogurt with toppings	Various fruit, Greek yogurt with toppings	Various fruit, Greek yogurt with toppings	Various fruit, Greek yogurt with toppings	Various fruit, Greek yogurt with toppings