


LUNCH

20.04.26

	HALF TERM	HALF TERM	WEDNESDAY	THURSDAY	FRIDAY
 SOUP	All our soups are Waste Knot Soups– A hearty, planet friendly blend crafted from perfectly good surplus vegetables and ingredients that would otherwise go to waste, so every spoonful is packed with flavour and purpose.				
MAIN MEALS TO NOURISH, NURTURE AND SUSTAIN			Diced beef chilli con carne with tortilla chips	St Georges Day Roast chicken with sage & onion stuffing & a fresh gravy	Butcher’s pork sausages with crispy onions
			Mixed vegetable & lentil katsu curry	Hoi sin mushroom Bao bun with cucumber & spring onion	Herby sweet potato calzone
SIDES			Steamed 50/50 rice Fresh tomato salsa Sweetcorn, Roasted Spanish style vegetables & sweet potato fries	Skin on roast potatoes Steamed carrots, Spring greens & roasted parsnips	Skin on fries Baked beans, cabbage & baked tomatoes
SNACK OPTION			Cheesy macaroni	Grilled cheese sandwich	Loaded nachos
DESSERT			Summer fruit meringue	Lemon drizzle cake & trifle pots	Salted caramel cup cakes
EVERY DAY	We offer daily a selection of yogurt, fresh fruit, jelly pots, pasta and jacket bars				


FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS

LUNCH

27.04.26

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 SOUP	All our soups are Waste Knot Soups– A hearty, planet friendly blend crafted from perfectly good surplus vegetables and ingredients that would otherwise go to waste, so every spoonful is packed with flavour and purpose.				
MAIN MEALS TO NOURISH, NURTURE AND SUSTAIN	Butter chicken curry with an optional naan bread & mango chutney	Home baked giant sausage meat roll with a fresh gravy or tomato sauce	Mexican chicken fajitas with an optional wrap, salsa, sour cream & guacamole	Roast loin of pork with apple sauce, Yorkshire pudding & a fresh gravy	Butchers beef burger in an optional bun with sliced tomato, ice berg lettuce & gherkins
	Total protein chilli	Aubergine parmigiana with a roquette salad	Crispy tofu tacos with pea mole & pickled red onion	Stuffed roast peppers	Baked quesadilla with salsa & smashed avocado
SIDES	Steamed 50//50 rice Spiced cauliflower, green beans & curly kale	Diced smoked paprika potatoes Spring cabbage, roasted vegetables & British peas	Cajun wedges Sweetcorn, green beans & roasted peppers & onions	Skin on roast potatoes Carrots, savoy cabbage, roast parsnips & celeriac	Skin on fries Baked beans, mixed vegetables & British peas
SNACK OPTION	Baked pizza whirls	Chicken cobb salad or filled wraps	Egg McMuffin	Cheddar & chutney crumpets	Spaghetti hoops on toast
DESSERT	Chocolate chip shortbread	Victoria sandwich	Home baked biscuit selection	Jam & cream scones	Lemon curd muffins
EVERY DAY	We offer daily a selection of yogurt, fresh fruit, cold desserts, jelly pots, pasta and jacket bars				


FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS

LUNCH

04.05.26

	BANK HOLIDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 SOUP	All our soups are Waste Knot Soups– A hearty, planet friendly blend crafted from perfectly good surplus vegetables and ingredients that would otherwise go to waste, so every spoonful is packed with flavour and purpose.				
MAIN MEALS TO NOURISH, NURTURE AND SUSTAIN		Green chilli minced pork with optional tortilla wrap	Breaded chicken fillet with a creamy katsu curry sauce	Honey roasted loin of gammon with griddled pineapple & a fresh gravy	Breaded MSC fish bites with optional wrap & tartare sauce
		Butternut squash falafels with a herb yogurt	Vegan keema aloo	5 a day Tex Mex tray bake with paprika spiced chick peas	Indian spiced potato & pea burgers with mango chutney
SIDES		Diced Cajun potatoes Fresh tomato salsa, sour cream & little gem Curly kale & British peas	Steamed 50/50 rice Broccoli, sweetcorn & diced carrots	Skin on roast potatoes Sweet heart cabbage, carrots & roasted sweet potato	Skin on fries Baked beans, British peas, sweetcorn & pickled onions
SNACK OPTION		Filled wraps	Hot dog with crispy onions	Vine tomato, roquette, mozzarella & a nut free pesto flatbread	Pizza baguette
DESSERT		Cinnamon apple or chocolate whirls	Milk chocolate sheet cake	Strawberry shortcake	Banoffee cupcakes
EVERY DAY	We offer daily a selection of yogurt, fresh fruit, cold desserts, jelly pots, pasta and jacket bars				