


LUNCH

w/c 22 June 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 SOUP	All our soups are Waste Knot Soups– A hearty, planet friendly blend crafted from perfectly good surplus vegetables and ingredients that would otherwise go to waste, so every spoonful is packed with flavour and purpose.				
MAIN MEALS TO NOURISH, NURTURE AND SUSTAIN	Cheesy beef lasagne with optional garlic bread	Chinese hoi sin pork loin with Pak choy	St Marys BBQ Butcher’s sausages & marinated chicken skewers	Italian tomato pasta or Cheesy macaroni bake’s	Griddled chicken & bacon Caesar salad with garlic croutons
	Mushroom stroganoff with steamed rice	Vegetable curry with chana masala & wholemeal chapatti	Griddled halloumi kebabs	Brie & red onion chutney quiche	Roasted vegetable lasagne
SIDES	Mid potatoes Coleslaw & griddled courgettes	Egg noodles Mushroom & broccoli Courgette & carrot ribbons	Paprika potato wedges Mixed salads	Mid potatoes British peas & a Chef’s salad	Sweet potato wedges Rainbow coleslaw & salad bar
SNACK OPTION					
DESSERT	Dessert Bar	Dessert Bar	Dessert Bar	Dessert Bar	Dessert Bar
EVERY DAY	We offer daily a selection of yogurt, fresh fruit, jelly pots, pasta and jacket bars				


FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS

LUNCH

w/c 29 June 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 SOUP	All our soups are Waste Knot Soups– A hearty, planet friendly blend crafted from perfectly good surplus vegetables and ingredients that would otherwise go to waste, so every spoonful is packed with flavour and purpose.				
MAIN MEALS TO NOURISH, NURTURE AND SUSTAIN	Butter chicken curry with an optional naan bread & mango chutney	Home baked giant sausage meat roll with a fresh gravy or tomato sauce	Mexican chicken fajitas with an optional wrap, salsa, sour cream & guacamole	Roast loin of pork with apple sauce, Yorkshire pudding & a fresh gravy	Butchers beef burger in an optional bun with sliced tomato, ice berg lettuce & gherkins
	Total protein chilli	Aubergine parmigiana with a roquette salad	Crispy tofu tacos with pea mole & pickled red onion	Butternut risotto	Baked quesadilla with salsa & smashed avocado
SIDES	Steamed 50//50 rice Spiced cauliflower, green beans & curly kale	Diced smoked paprika potatoes Spring cabbage, roasted vegetables & British peas	Cajun wedges Sweetcorn, green beans & roasted peppers & onions	Skin on roast potatoes Carrots, savoy cabbage, roast parsnips & celeriac	Skin on fries Baked beans, mixed vegetables & British peas
SNACK OPTION	Baked pizza whirls	Chicken cobb salad or filled wraps	Egg McMuffin	Cheddar & chutney crumpets	Spaghetti hoops on toast
DESSERT	Confetti shortbread	Victoria sandwich	Home baked biscuit selection	Belgium or cinnamon buns	Lemon drizzle muffins
EVERY DAY	We offer daily a selection of yogurt, fresh fruit, cold desserts, jelly pots, pasta and jacket bars				


FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS

LUNCH

w/c 6 July 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 SOUP	All our soups are Waste Knot Soups– A hearty, planet friendly blend crafted from perfectly good surplus vegetables and ingredients that would otherwise go to waste, so every spoonful is packed with flavour and purpose.				
MAIN MEALS TO NOURISH, NURTURE AND SUSTAIN	Hunters chicken with optional crispy bacon bits	Green chilli minced pork with optional tortilla wrap	Breaded chicken fillet with a creamy katsu curry sauce	Honey roasted loin of gammon with griddled pineapple & a fresh gravy	Breaded MSC fish bites with optional wrap & tartare sauce
	Cherry tomato & goats cheese tart	Butternut squash falafels with herb yogurt	Quorn & vegetable kebabs with a sweet chilli drizzle	5 a day Tex Mex tray bake with paprika spiced chickpeas	Handmade potato gnocchi with a nut free pesto sauce
SIDES	Rosemary mid potatoes Honeyed butternut squash & steamed carrots	Diced Cajun potatoes Fresh tomato salsa, sour cream & little gem Curly kale & British peas	Steamed 50/50 rice Broccoli, sweetcorn & diced carrots	Skin on roast potatoes Sweetheart cabbage, carrots & roasted sweet potato	Skin on fries Baked beans, British peas, sweetcorn & pickled onions
SNACK OPTION	Cream or cheddar cheese & ham croissant	Filled wraps	Hot dog with crispy onions	Vine tomato, roquette, mozzarella & a nut free pesto flatbread	Pizza baguette
DESSERT	Honey granola flapjack	Lemon meringue sheet cake	Chip or sultana cookies	Dairy free chocolate finger	Red velvet cup cakes with a cream cheese icing
EVERY DAY	We offer daily a selection of yogurt, fresh fruit, cold desserts, jelly pots, pasta and jacket bars				