

LUNCH

w/c 13 October 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Beef bolognaise with optional garlic bread	Chicken fillet with a teriyaki sauce	Butcher's sausages with gravy	Nut free katsu chicken curry	MSC breaded fish fillet
MEAT FREE	Roasted vegetables with cannellini beans	Chickpea and paneer curry	Lentil cottage pie	Mushroom stroganoff	Tomato & feta fritters
ON THE SIDE	Roasted mid potatoes Cauliflower & British garden peas	Steamed rice Broccoli & vegetable stir fry	Mashed potatoes Carrots & cabbage	Steamed rice Green beans & broccoli	Oven chips British garden peas & sweetcorn
CRUDITIES	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities
PASTA/JACKET BAR	Pasta with sauces & sides	Jacket potato with baked beans & grated cheese	Pasta with sauces & sides	Jacket potato with baked beans & grated cheese	Pasta with sauces & sides
DESSERT	Rice pudding with berry compote	Oaty maple cookies	Banana muffin	Sticky date cake	Fruit rice crispy nest
EVERY DAY	SELECTION OF YOGURT & FERSHLY CUT FRUIT				
MORNING BREAK	Tortilla chips, rich tea biscuits & fresh fruit	Cream crackers, digestive biscuits & fresh fruit	Tortilla chips, rich tea biscuits & fresh fruit	Cream crackers, digestive biscuits & fresh fruit	Shortie biscuits with fresh fruit