

LOWER SCHOOL LUNCH

w/c 02.06.25

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Beef ragu with optional garlic bread	Chicken wraps with optional sour cream	Roast pork loin with gravy	Chinese hoi sin chicken	National Fish & chip Day Breaded fish fillet with lemon
MEAT FREE	Cheddar & spinach cannelloni	Parmesan topped ratatouille	Oven baked mushrooms	Breaded tofu with stir fried vegetables	Cauliflower hash browns
ON THE SIDE	Penne pasta, green beans & steamed kale	Diced potatoes, broccoli florets & carrots	Roast potatoes, steamed carrots, cabbage & roast parsnips	Cucumber sticks, vegetable chow mien & sweetcorn	Oven chips, steamed or mushy peas & baked beans
CRUDITIES	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities
PASTA/JACKET BAR	Pasta with sauces & sides	Jacket potato with beans & cheese	Pasta with sauces & sides	Jacket potato with beans & cheese	Pasta with sauces & sides
DESSERT	Chocolate brownie	Lemon drizzle	Jammy dodgers	Fruit scones with jam	Dairy free butterfly cakes
EVERY DAY	Natural yogurt with toppings & fresh fruit selection	Natural yogurt with toppings & fresh fruit selection	Natural yogurt with toppings & fresh fruit selection	Natural yogurt with toppings & fresh fruit selection	Natural yogurt with toppings & fresh fruit selection
MORNING BREAK	Tortilla chips, rich tea biscuits & fresh fruit	Cream crackers, digestive biscuits & fresh fruit	Tortilla chips, ginger nuts & fresh fruit	Cream crackers, rich tea biscuits & fresh fruit	Custard creams & shortie biscuits with fresh fruit

FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS

LOWER SCHOOL LUNCH

w/c 09.06.25

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Chicken tikka masala with optional naan bread	Minced beef taco's with Mexican sides	Sweet & sour pork with pineapple	Roast chicken with stuffing & gravy	Butcher's sausages with onions
MEAT FREE	Tortellini with a nut free basil pesto	Red pepper pockets	Vegetarian paella with chickpeas	Puy lentil chilli	Halloumi, mushroom burger
ON THE SIDE	Steamed rice, cauliflower & green beans	Green beans, carrots & British peas	Egg noodles, broccoli & sweetcorn	Roast potatoes, steamed carrots & cabbage	Oven chips, baked beans & British peas
CRUDITIES	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities
PASTA/JACKET BAR	Pasta with sauces & sides	Jacket potato with beans & cheese	Pasta with sauces & sides	Jacket potato with beans & cheese	Pasta with sauces & sides
DESSERT	Honey oat finger	Biscuit selection	Victoria sandwich	Lemon meringue	Chocolate chip & banana muffin
EVERY DAY	Natural yogurt with toppings & fresh fruit selection	Natural yogurt with toppings & fresh fruit selection	Natural yogurt with toppings & fresh fruit selection	Natural yogurt with toppings & fresh fruit selection	Natural yogurt with toppings & fresh fruit selection
MORNING BREAK	Tortilla chips, rich tea biscuits & fresh fruit	Cream crackers, digestive biscuits & fresh fruit	Tortilla chips, ginger nuts & fresh fruit	Cream crackers, rich tea biscuits & fresh fruit	Custard creams & shortie biscuits with fresh fruit

LOWER SCHOOL LUNCH

w/c 16.06.25

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Tandoori chicken with mint yogurt	Roast gammon with pineapple	Minced beef lasagne	Butcher's sausages with gravy	Chicken strips
MEAT FREE	Gnocchi with a spinach & basil nut free pesto	% a day Tex Mex tray bake	Vegetable lasagne	Quorn fillet with gravy	Cheese & red onion quiche
ON THE SIDE	Steamed rice, green beans & peas	Potato wedges, carrots & sweetcorn	Optional garlic bread, broccoli & green beans	Mashed potatoes, carrots, cauliflower & baked beans	Oven chips, British peas & sweetcorn
CRUDITIES	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities
PASTA/JACKET BAR	Pasta with sauces & sides	Jacket potato with beans & cheese	Pasta with sauces & sides	Jacket potato with beans & cheese	Pasta with sauces & sides
DESSERT	Iced carrot cake	Chocolate tray bake	Honey oat cookie	Wholemeal shortbread finger	Raspberry cup cakes
EVERY DAY	Natural yogurt with toppings & fresh fruit selection	Natural yogurt with toppings & fresh fruit selection	Natural yogurt with toppings & fresh fruit selection	Natural yogurt with toppings & fresh fruit selection	Natural yogurt with toppings & fresh fruit selection
MORNING BREAK	Tortilla chips, rich tea biscuits & fresh fruit	Cream crackers, digestive biscuits & fresh fruit	Tortilla chips, ginger nuts & fresh fruit	Cream crackers, rich tea biscuits & fresh fruit	Custard creams & shortie biscuits with fresh fruit

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