

LUNCH

w/c 05.01.26

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL

Beef bolognese with optional garlic bread

Roast chicken with a fresh gravy

Chinese pork

Chicken & pepper tray bake

MSC breaded fish fillet

MEAT FREE

Garlic mushrooms on toast

Vegetable lasagne

Vegetable curry with lentils

Chinese mushrooms with egg noodles

Sweet potato falafel

ON THE SIDE

50/50 pasta
Carrots, peas & green beans

Roast potatoes, seasonal mixed vegetables & sweetcorn

Steamed rice, broccoli florets & vegetable stir fry

Mini roast potatoes
Carrots & cabbage

Oven chips
British peas & baked beans

CRUDITIES

Seasonal crudities

Seasonal crudities

Seasonal crudities

Seasonal crudities

Seasonal crudities

PASTA/JACKET BAR

Pasta with sauces & sides

Jacket potato with baked beans & grated cheese

Pasta with sauces & sides

Jacket potato with baked beans & grated cheese

Pasta with sauces & sides

DESSERT

Apple oat crumble with vanilla custard

Traditional school tray bake

Honey oat cookies

Oat topped banana muffin

Baked wholemeal scones with jam

EVERY DAY

SELECTION OF YOGURT & FRESHLY CUT FRUIT

MORNING BREAK

Tortilla chips, rich tea biscuits & fresh fruit

Cream crackers, digestive biscuits & fresh fruit

Tortilla chips, rich tea biscuits & fresh fruit

Cream crackers, digestive biscuits & fresh fruit

Shortie biscuits with fresh fruit

LUNCH

w/c 12.01.26

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Pork & peppers with a sweet & sour sauce	Remembrance Day Roast chicken dinner with stuffing & gravy	Minced beef & vegetable pie	Chicken fillet with a garlic butter sauce	Butcher's sausages & onions
MEAT FREE	Tortellini formaggio with a nut free pesto	Vegetable noodles	Vegetable stew	Cheese & potato pie	Tortilla triangles
ON THE SIDE	Steamed rice Broccoli & sweetcorn	Roast potatoes Carrots & greens	Mashed potatoes British peas & carrots	Diced potatoes Carrots & cabbage	Oven chips Baked beans & British garden peas
CRUDITIES	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities
PASTA/JACKET BAR	Pasta with sauces & sides	Jacket potato with baked beans & grated cheese	Pasta with sauces & sides	Jacket potato with baked beans & grated cheese	Pasta with sauces & sides
DESSERT	Honey flapjack	Victoria sandwich	Low sugar Oat apple crumble & custard	Wholemeal shortbread finger	Carrot muffins
EVERY DAY	SELECTION OF YOGURT & FRESHLY CUT FRUIT				
MORNING BREAK	Tortilla chips, rich tea biscuits & fresh fruit	Cream crackers, digestive biscuits & fresh fruit	Tortilla chips, rich tea biscuits & fresh fruit	Cream crackers, digestive biscuits & fresh fruit	Shortie biscuits with fresh fruit

LUNCH

w/c 19.01.26

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Chicken curry with optional naan bread	Butcher's sausages with gravy	Lasagne with optional garlic bread	Roast pork with apple sauce & gravy	Chicken fajitas with salsa & a tortilla wrap
MEAT FREE	Stuffed mushrooms	Lentil cottage pie	Cauliflower cheese	Cheddar & pepper tortilla quiche	Veggie burritos
ON THE SIDE	Steamed rice Cabbage & sweetcorn	Mashed potatoes Carrots & cauliflower	Herby roast potatoes Green beans & carrots	Roast potatoes Steamed carrots & broccoli	Oven chips Baked beans, British garden peas & sweetcorn
CRUDITIES	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities
PASTA/JACKET BAR	Pasta with sauces & sides	Jacket potato with baked beans & grated cheese	Pasta with sauces & sides	Jacket potato with baked beans & grated cheese	Pasta with sauces & sides
DESSERT	Dairy free brownie	Banana loaf	Blueberry cup cake	Apple crumble & custard	Dairy free lemon sponge
EVERY DAY	SELECTION OF YOGURT & FRESHLY CUT FRUIT				
MORNING BREAK	Tortilla chips, rich tea biscuits & fresh fruit	Cream crackers, digestive biscuits & fresh fruit	Tortilla chips, rich tea biscuits & fresh fruit	Cream crackers, digestive biscuits & fresh fruit	Shortie biscuits with fresh fruit