

# LUNCH

w/c 05.01.26

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	Beef bolognese with optional garlic bread	Roast chicken with a fresh gravy	Chinese pork	Chicken & pepper tray bake	Butcher's sausages
<b>MEAT FREE</b>	Garlic mushrooms on toast	Vegetable lasagne	Vegetable curry with lentils	Chinese mushrooms with egg noodles	Sweet potato falafel
<b>ON THE SIDE</b>	50/50 pasta Carrots, peas & green beans	Roast potatoes, seasonal mixed vegetables & sweetcorn	Steamed rice, broccoli florets & vegetable stir fry	Mini roast potatoes Carrots & cabbage	Oven chips British peas & baked beans
<b>CRUDITIES</b>	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities
<b>PASTA/JACKET BAR</b>	Pasta with sauces & sides	Jacket potato with baked beans & grated cheese	Pasta with sauces & sides	Jacket potato with baked beans & grated cheese	Pasta with sauces & sides
<b>DESSERT</b>	Apple oat crumble with vanilla custard	Traditional school tray bake	Honey oat cookies	Oat topped banana muffin	Baked wholemeal scones with jam
<b>EVERY DAY</b>	SELECTION OF YOGURT & FRESHLY CUT FRUIT				
<b>MORNING BREAK</b>	Tortilla chips, rich tea biscuits & fresh fruit	Cream crackers, digestive biscuits & fresh fruit	Tortilla chips, rich tea biscuits & fresh fruit	Cream crackers, digestive biscuits & fresh fruit	Shortie biscuits with fresh fruit

# LUNCH

w/c 12.01.26	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	Minced turkey wraps with salsa	Chilli con carne with nachos	BBQ chicken with peppers	Roast gammon loin	Butcher's beef burger
<b>MEAT FREE</b>	Mixed bean chilli	Roasted chickpea wraps	Sweetcorn fritters with salsa	Roasted root vegetables with lentils	Cheddar & broccoli quiche
<b>ON THE SIDE</b>	Diced potatoes Green beans & sweetcorn	Steamed rice Savoy cabbage & steamed carrots	Mini potato wedges Carrots & broccoli	Roast potatoes Cabbage & broccoli	Oven chips Baked beans & British garden peas & sweetcorn
<b>CRUDITIES</b>	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities
<b>PASTA/JACKET BAR</b>	Pasta with sauces & sides	Jacket potato with baked beans & grated cheese	Pasta with sauces & sides	Jacket potato with baked beans & grated cheese	Pasta with sauces & sides
<b>DESSERT</b>	Honey flapjack	Chocolate sponge with a low sugar chocolate sauce	Banana loaf	Wholemeal shortbread finger	Carrot muffins
<b>EVERY DAY</b>	SELECTION OF YOGURT & FRESHLY CUT FRUIT				
<b>MORNING BREAK</b>	Tortilla chips, rich tea biscuits & fresh fruit	Cream crackers, digestive biscuits & fresh fruit	Tortilla chips, rich tea biscuits & fresh fruit	Cream crackers, digestive biscuits & fresh fruit	Shortie biscuits with fresh fruit

# LUNCH

w/c 19.01.26

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Chicken curry with optional naan bread	Butcher's sausages with gravy	Oven cooked chicken kebab	Roast pork with a fresh gravy	Breaded MSC fish fillet
MEAT FREE	Stuffed mushrooms	Lentil cottage pie	Cauliflower cheese	Cheddar & pepper tortilla quiche	Veggie burritos
ON THE SIDE	Steamed rice Green beans & sweetcorn Lentil & spinach dhal	Mashed potatoes Carrots & cauliflower	Herby baked potato wedges Green beans & carrots	Roast potatoes Steamed carrots & broccoli	Oven chips Baked beans, British garden peas & sweetcorn
CRUDITIES	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities
PASTA/JACKET BAR	Pasta with sauces & sides	Jacket potato with baked beans & grated cheese	Pasta with sauces & sides	Jacket potato with baked beans & grated cheese	Pasta with sauces & sides
DESSERT	Dairy free brownie	Strawberry shortcake	Blueberry cup cake	Pear & chocolate sponge with vanilla custard	Dairy free lemon sponge
EVERY DAY	SELECTION OF YOGURT & FRESHLY CUT FRUIT				
MORNING BREAK	Tortilla chips, rich tea biscuits & fresh fruit	Cream crackers, digestive biscuits & fresh fruit	Tortilla chips, rich tea biscuits & fresh fruit	Cream crackers, digestive biscuits & fresh fruit	Shortie biscuits with fresh fruit