

BREAKFAST

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HYDRATION	Still water Milk				
HOT ITEMS	Butchers sausages	Fresh omelette	Beans on toast	No added sugar porridge	Bacon sandwich
CEREAL STATION	Cereal selection with milk				
TOAST STATION	Wholemeal or white toast with a selection of toppings				
FRUIT	Natural yogurt with freshly cut & dried fruit toppings	Natural yogurt with freshly cut & dried fruit toppings	Natural yogurt with freshly cut & dried fruit toppings	Natural yogurt with freshly cut & dried fruit toppings	Natural yogurt with freshly cut & dried fruit toppings

LUNCH

16.03.26

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Traditional minced beef bolognese with optional garlic bread	Breadless chicken breast with a katsu curry sauce	Chinese pork loin with Pak choy & peppers	Roast chicken with stuffing & a fresh gravy	Butchers sausages
MEAT FREE	50/50 pasta cheese	Veggie bean fritter	Chickpea & sweet potato parcel	Homemade vegetarian sausage patty	Baked falafel
ON THE SIDE	50/50 pasta Carrot batons & green beans	Steamed white & brown rice Peas & cauliflower	Egg noodles Green beans & broccoli	Roast skin on potatoes Carrot batons & cabbage	Oven chips Baked beans & British peas
CRUDITIES	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities
PASTA/ JACKET BAR	Pasta with sauces & sides	Jacket potato with baked beans & grated cheese	Pasta with sauces & sides	Jacket potato with baked beans & grated cheese	Pasta with sauces & sides
DESSERT	Apple oat crumble with vanilla custard	Chocolate sponge finger	Wholemeal scone with cream	Lemon muffin	School tray bake
EVERY DAY	SELECTION OF YOGURT & FRESHLY CUT FRUIT				
MORNING BREAK	Tortilla chips, rich tea biscuits & fresh fruit	Cream crackers, digestive biscuits & fresh fruit	Tortilla chips, rich tea biscuits & fresh fruit	Cream crackers, digestive biscuits & fresh fruit	Shortie biscuits & fresh fruit

LUNCH

23.03.26

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Shredded chicken with a mini wrap, cucumber sticks and a hoi sin dipping sauce	Minced beef chilli con carne with optional nachos	Roast pork loin with stuffing & a fresh gravy	Chicken fillet with a BBQ sauce	Homemade giant sausage roll
MEAT FREE	Chinese mushrooms with noodles	Roasted vegetables with chickpeas	Aubergine & haricot bean bake	Green pesto tortellini	Mixed bean burrito
ON THE SIDE	Egg noodles Baton carrots & green beans	Steamed brown & white rice Sweetcorn & peas	Skin on roast potatoes Broccoli & cauliflower	Rosemary mini roast potatoes Baton carrots & peas	Oven chips Baked beans & broccoli
CRUDITIES	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities
PASTA/ JACKET BAR	Pasta with sauces & sides	Jacket potato with baked beans & grated cheese	Pasta with sauces & sides	Jacket potato with baked beans & grated cheese	Pasta with sauces & sides
DESSERT	Dairy free brownie	Iced carrot cake	Oat cookies	Chocolate cake	Vanilla muffins
EVERY DAY	SELECTION OF YOGURT & FRESHLY CUT FRUIT				
MORNING BREAK	Tortilla chips, rich tea biscuits & fresh fruit	Cream crackers, digestive biscuits & fresh fruit	Tortilla chips, rich tea biscuits & fresh fruit	Cream crackers, digestive biscuits & fresh fruit	Shortie biscuits & fresh fruit

SUPPER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Baked jacket potato with cheddar cheese & coleslaw	Wholemeal pasta with tomato sauce and grated cheese	Wholemeal pitta bread pizza slice	Wholemeal pasta with a nut free pesto	Spaghetti hoops on wholemeal toast with grated cheese
SALAD BAR	Cucumber, tomato & a selection of seasonal salads	Cucumber, tomato & a selection of seasonal salads	Cucumber, tomato & a selection of seasonal salads	Cucumber, tomato & a selection of seasonal salads	Cucumber, tomato & a selection of seasonal salads
LIGHT DESSERT	Natural yogurt with freshly cut fruit	Natural yogurt with freshly cut fruit	Natural yogurt with freshly cut fruit	Natural yogurt with freshly cut fruit	Natural yogurt with freshly cut fruit
HYDRATION	Still water	Still water	Still water	Still water	Still water