

LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Traditional beef bolognaise	Roast chicken with fresh gravy & stuffing	Minced beef & vegetable pie	Shredded chicken & blended chickpea curry	Pork sausage meat patty
ON THE SIDE	Steamed brown pasta Sweetcorn & broccoli	Roast potatoes Carrot batons & cauliflower	Mashed potato Cabbage & peas	Steamed brown rice Green beans & sweetcorn	Boiled potatoes British garden peas & baton carrots
DESSERT (All cakes and desserts are reduced sugar)	Vanilla muffin	Honey flapjack	Pineapple upside down	Carrot sponge	Honey oat cookies
EVERY DAY	SELECTION OF YOGURT & FRESHLY CUT FRUIT				
MORNING BREAK	Fresh fruit slices	Fresh fruit slices	Fresh fruit slices	Fresh fruit slices	Fresh fruit slices
AFTERNOON SNACK	Cheese, crackers & crudities	Cheese, crackers & crudities	Cheese, crackers & crudities	Cheese, crackers & crudities	Cheese, crackers & crudities
TEA	Filled mini wraps Mixed salad Yogurt & fruit slices	Wholemeal filled pitta Mixed salad Yogurt & fruit	Wholemeal sandwich platter Mixed salad Yogurt & fruit	Wholemeal tomato pasta Mixed salad & yogurt & fruit	Wholemeal sandwich platter Mixed salad Yogurt & fruit

LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Shredded chicken & peppers	Minced beef chilli con carne with haricot beans	Roast gammon with fresh gravy	Chinese pork and vegetables	Hand breaded fish goujons
ON THE SIDE	Diced potatoes Grated carrot & lettuce	Steamed brown rice Sweetcorn & broccoli	Baby crushed potatoes Carrot batons & green beans	Egg noodles Cabbage & carrot batons	Boiled potatoes Peas & sweetcorn
DESSERT (All cakes and desserts are reduced sugar)	Vanilla tray bake	Lemon muffins	Wibble vegan no added sugar jelly	Banana bread	Wholemeal shortbread
EVERY DAY	SELECTION OF YOGURT & FRESHLY CUT FRUIT				
MORNING BREAK	Fresh fruit slices	Fresh fruit slices	Fresh fruit slices	Fresh fruit slices	Fresh fruit slices
AFTERNOON SNACK	Cheese, crackers & crudities	Cheese, crackers & crudities	Cheese, crackers & crudities	Cheese, crackers & crudities	Cheese, crackers & crudities
TEA	Filled mini wraps Mixed salad Yogurt & fruit slices	Wholemeal filled pitta Mixed salad Yogurt & fruit	Wholemeal sandwich platter Mixed salad Yogurt & fruit	Wholemeal tomato pasta Mixed salad & yogurt & fruit	Wholemeal sandwich platter Mixed salad Yogurt & fruit